

APPENDIX F

Morpeth First School **Sex and Relationships Education**

Aspects of Sex and Relationships Education (SRE) are taught as an integral part of our PHSE provision from Reception to Year 4. Through this, children are able to develop their skills, knowledge and ideas gradually, and at an age appropriate level.

Aims

SRE contributes to the foundation of PHSE and Citizenship by ensuring that all children:

- ❖ Develop confidence in talking, listening and thinking about feelings and relationships;
- ❖ Can name parts of their body and describe how their bodies work;
- ❖ Can protect themselves and ask for help and support;

We seek to provide information which is easy to understand and appropriate to the age and maturity of the children. Alongside this, we aim to extend the communication and social skills necessary to explore and clarify values and develop positive attitudes towards relationships.

Statement of values for sex education

SRE will be taught in the context of relationships, reflecting the values of the School's PSHE programme. In addition, SRE will promote children's self-esteem and emotional well being and help them to form and maintain worthwhile and satisfying relationships based on respect for themselves and others in the home, school and community.

Legal requirements of sex education provision

National Curriculum Science at Foundation Stage and Key Stage one includes the topics 'Myself', 'Health and Growth' and 'Plants and Animals'. At Key Stage Two, children cover the topic moving and growing.

The School's commitment to the promotion of emotional intelligence develops children's understanding of intra and interpersonal relationships, allowing children to reflect on their own feelings and those of others. In addition to this, children build on their understanding of 'Friends and Friendships' each academic year within the PHSE and citizenship programme.

Parents have a right to withdraw their children from these lessons if they wish.

Ratified Spring 2012

Review date Spring 2013

Signed _____